

BREAST CYST

Ultrasound-Guided Fine Needle Aspiration/Drainage of Breast Cysts:

Q: What is ultrasound-guided fine needle aspiration (FNA)/drainage?

A: *Ultrasound-guided FNA/drainage is a procedure that uses ultrasound imaging to guide a thin needle into a breast cyst to remove fluid or reduce its size.*

Q: Why is ultrasound-guided FNA/drainage performed?

A: *Ultrasound-guided FNA/drainage helps relieve symptoms caused by a breast cyst, confirms the diagnosis, and provides fluid for analysis if needed.*

Q: Is ultrasound-guided FNA/drainage painful?

A: *Discomfort during the procedure is minimal as a local anesthetic is used. Most women tolerate it well.*

Q: Are there any risks associated with ultrasound-guided FNA/drainage?

A: *Ultrasound-guided FNA/drainage is a safe procedure with minimal risks, such as bruising, infection, or bleeding. Complications are rare.*

Q: How long does the procedure take?

A: *The procedure typically takes about 1 to 3 minutes, depending on the complexity of the cyst.*

Q: What can I expect after the procedure?

A: *You may experience mild soreness or bruising at the needle insertion site. These symptoms should improve within a few days.*

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Q: Are there any restrictions after the procedure?

A: *There are usually no restrictions, and you can resume your normal activities immediately.*

Q: Can breast cysts recur after ultrasound-guided FNA/drainage?

A: *Yes, breast cysts can recur, especially if they are complex or contain solid components. Regular monitoring may be necessary.*

Q: When should I seek medical attention after the procedure?

A: *Contact your healthcare provider if you experience severe pain, redness, swelling, or signs of infection after the procedure.*

Q: Where can I get more information and support?

A: *Reach out to our Women's and Breast Imaging centre or speak with your healthcare provider for personalised guidance and support.*

