## How is vacuum core biopsy or removal of fibroadenoma performed?

- The procedure is done under local anaesthetic, meaning that you are awake, but the area is numbed.
- An ultrasound is used to guide a small biopsy needle to the fibroadenoma.
- The vacuum device then suctions the fibroadenoma out of the breast tissue through the biopsy needle.
- The removed tissue is then sent to the lab for testing.
- The procedure usually takes less than 5-10 minutes depending on the size and you can go home the same day.
- Recovery time is typically quick, with most women being able to resume normal activities within a day or two.

## Benefits of vacuum removal:

- Quick and easy procedure
- Little to no scarring
- Minimal discomfort
- No general anaesthesia is required
- High success rate
- Quick recovery time
- Reduced risk of recurrence

